

and Gynaecologists



— UK Obstetric Surveillance System –

# NEWSLETTER 39 - October 2014

# Ethnic Variations in Severe Maternal Morbidity in the UK – a Case Control Study

Past studies in the UK have shown a higher risk of maternal morbidity and mortality amongst non-white ethnic groups; however, these studies were unable to investigate whether this excess risk was concentrated within specific black and other minority ethnic groups (BME). This study used data from UKOSS (February 2005 – January 2013) to analyse the specific risks of maternal morbidity amongst BME groups and to investigate reasons for any disparity.

The results showed several factors which were associated with severe morbidity, including maternal anaemia, previous pregnancy problems, inadequate utilisation of antenatal care, pre-existing medical conditions, multiparity and younger or older maternal age. There was no association with smoking, obesity or maternal socioeconomic status in this analysis. After taking all these factors into account there was an independent association of severe maternal morbidity with ethnicity: the odds of severe maternal morbidity were 83% higher among black African women (adjusted odds ratio (aOR)= 1.83; 95% Confidence Interval (CI)= 1.39-2.40), 80% higher among black Caribbean (aOR= 1.80; 95% CI = 1.14-2.82), 74% higher in Bangladeshi (aOR= 1.74; 95% CI = 1.05-2.88), 56% higher in other non-whites (non-Asian) (aOR= 1.56; 95% CI = 1.05 - 2.33) and 43% higher among Pakistani women (aOR= 1.43; 95% CI = 1.07 - 1.92).

The study thus showed that the increased risk of severe maternal morbidity among women of ethnic minority backgrounds was not explained by known risk factors for severe maternal morbidity. We were not able to examine in detail all aspects of care-seeking behaviour and the care pathway, and it is possible that other factors such as lack of appropriate information, language barriers or cultural differences explain the observed association.

**Reference:** Nair M, Kurinczuk JJ, Knight M (2014) Ethnic Variations in Severe Maternal Morbidity in the UK – a Case Control Study. PLoS ONE 9(4): e95086. doi:101371/ journal.pone.0095086.

#### Experiences, utilisation and outcomes of maternity care in England among women from different socio-economic groups: findings from the 2010 National Maternity Survey

This paper was published as part of the UKNeS programme of work which explores the healthcare-seeking behaviours and experiences of maternity care among women from different socioeconomic groups in order to improve understanding of why socially disadvantaged women have poorer maternal health outcomes in the UK.

**Reference:** Lindquist A, Kurinczuk JJ, Redshaw M, Knight M. Experiences, utilisation and outcomes of maternity care in England among women from different socio-economic groups: findings from the 2010 National Maternity Survey. BJOG 2014; DOI: 10.1111/1471-0528.13059.





UKOSS Regional Card Return Rates Map June 2014 – August 2014

### **UKOSS** newsletters are going electronic!

From January 2015 only electronic versions of the UKOSS newsletters will be published via the UKOSS website and Twitter. Please note that UKOSS reporters will continue to receive the newsletters via email.

### Thanks to the following hospitals who have returned cards for the last three months (May, June and July 2014):

Aberdeen Maternity Hospital, Aberdeen Airedale General Hospital, Keighley Alexandra Hospital, Redditch Altnagelvin Area Hospital, Londonderry Antrim Hospital, Antrim Arrowe Park Hospital, Wirral Barnet and Chase Farm NHS Trust Maternity Unit, Barnet Barnsley Hospital NHS Foundation Trust, Barnsley Basildon Hospital, Canvey Island Bassetlaw District General Hospital, Worksop Bedford Hospital, Bedford Birmingham City Hospital, Birmingham Birmingham Women's Hospital, Birmingham Borders General Hospital, Borders Bradford Royal Infirmary, Bradford Bronglais Hospital, Aberystwyth Caithness General Hospital. Wick Calderdale Royal Hospital, Halifax Causeway Hospital, Coleraine Chelsea & Westminster Hospital, London Chesterfield & North Derbyshire Royal Hospital, Chesterfield City Hospitals Sunderland NHS Trust, Sunderland Countess of Chester Hospital, Chester Craigavon Area Hospital, Portadown Daisy Hill Hospital, Newry Darent Valley Hospital, Dartford Darlington Memorial Hospital, Darlington Derby Hospitals NHS Foundation Trust, Derby Derriford Hospital, Plymouth Dewsbury and District Hospital, Dewsbury Diana Princess of Wales Hospital, Grimsby Doncaster Royal Infirmary, Doncaster Dorset County Hospital, Dorchester Dr Gray's Hospital, Elgin Dumfries & Galloway Royal Infirmary, Dumfries Ealing Hospital NHS Trust, London East Sussex Healthcare NHS Trust, St Leonards-on-Sea Epsom General Hospital, Epsom Forth Valley Royal Hospital, Larbert Friarage Hospital, Northallerton Frimley Park Hospital, Camberley Furness General Hospital, Barrow-in-Furness George Eliot Hospital, Nuneaton Glan Clwyd District General Hospital, Bodelwyddan Gloucestershire Royal Hospital, Gloucester Guy's and St Thomas' Hospital, London Harrogate District Hospital, Harrogate Hereford County Hospital, Hereford Hinchingbrooke Hospital NHS Trust, Huntingdon Homerton University Hospital, London Horton Maternity Hospital, Banbury Hull Royal Infirmary, Hull Ipswich Hospital, Ipswich James Cook University Hospital, Middlesbrough James Paget University Hospitals Trust, Great Yarmouth Jersey General Hospital, St Helier John Radcliffe Hospital, Oxford Kettering General Hospital, Kettering King's Mill Hospital, Sutton in Ashfield Leeds General Infirmary, Leeds Leicester General Hospital, Leicester Leicester Royal Infirmary, Leicester Leighton Hospital, Crewe Lincoln County Hospital, Lincoln Lister Hospital, Stevenage Macclesfield District General Hospital, Macclesfield Medway Maritime Hospital, Gillingham Milton Keynes Hospital NHS Foundation Trust, Milton Keynes

New Cross Hospital, Wolverhampton

Ninewells Hospital & Medical School, Dundee Nobles Hospital, Douglas Norfolk & Norwich University Hospital, Norwich North Devon District Hospital, Barnstaple North Hampshire Hospital, Basingstoke North Manchester General Hospital, Manchester North Middlesex University Hospital, Edmonton Northampton General Hospital, Northampton Northwick Park Hospital, Harrow Pilgrim Hospital, Boston Pinderfields General Hospital, Wakefield Poole Hospital, Poole Prince Charles Hospital, Methyr Tydfil Princess Alexandra Hospital, Harlow Princess Anne Hospital, Southampton Princess of Wales Hospital, Bridgend Princess Royal Hospital, Haywards Heath Princess Royal Maternity Hospital, Glasgow Princess Royal University Hospital, Orpington Queen Alexandra Hospital, Portsmouth Queen Charlotte's and Chelsea Hospital, London Queen Elizabeth Hospital, Gateshead Queen Elizabeth Hospital, Kings Lynn Queen Elizabeth the Queen Mother Hospital, Margate Queen's Hospital, Burton upon Trent Queen's Hospital, Romford Raigmore Hospital, Inverness Rosie Maternity Hospital, Cambridge Rotherham District General Hospital, Rotherham Royal Albert Edward Infirmary, Wigan Royal Alexandra Hospital, Paisley Royal Berkshire Hospital, Reading Royal Bolton Hospital, Bolton Royal Cornwall Hospital, Truro Royal Devon & Exeter Hospital, Exeter Royal Free Hospital, London Royal Glamorgan Hospital, Llantrisant Royal Gwent Hospital, Newport Royal Hampshire County Hospital, Winchester Royal Jubilee Maternity Service, Belfast Royal Lancaster Infirmary, Lancaster Royal Oldham Hospital, Oldham Royal Preston Hospital, Preston Royal Surrey County Hospital, Guildford Royal Sussex County Hospital, Brighton Royal Victoria Infirmary, Newcastle-upon-Tyne Russells Hall Hospital, Dudley Salisbury District Hospital, Salisbury Scarborough Hospital, Scarborough Scunthorpe General Hospital, Scunthorpe Simpson Centre for Reproductive Health, Edinburgh Singleton Hospital, Swansea South Tyneside NHS Foundation Trust, South Shields South West Acute Hospital, Enniskillen Southend University Hospital NHS FT, Westcliff-on-Sea Southern General Hospital, Glasgow Southmead Hospital, Bristol Southport & Ormskirk Hospital NHS Trust, Ormskirk St George's Hospital, London St James's University Hospital, Leeds St John's Hospital, Livingston St Mary's Hospital, London St Mary's Hospital, Manchester St Michael's Hospital, Bristol St Peter's Hospital, Chertsey St Richard's Hospital, Chichester Staffordshire General Hospital, Stafford Stoke Mandeville Hospital, Aylesbury Tameside General Hospital, Ashton-under-Lyne Taunton and Somerset Hospital, Taunton

Trust, Swindon The Hillingdon Hospitals NHS Foundation Trust, Uxbridge The Portland Hospital, London The Tunbridge Wells Hospital, Tunbridge Wells Torbay Hospital, Torquay University Hospital Lewisham, London University Hospital of Coventry & Warwickshire, Coventry University Hospital of North Staffordshire, Stoke on Trent University Hospital of North Tees, Stockton-on-Tees University Hospital of Wales, Cardiff Victoria Hospital, Blackpool Victoria Hospital, Kirkcaldy Wansbeck General Hospital, Ashington Warrington and Malton Hospitals NHS FT, Warrington Warwick Hospital, Warwick Watford General Hospital, Watford West Cumberland Hospital, Whitehaven West Middlesex University Hospital, Isleworth West Wales General Hospital, Carmarthen Western Isles Hospital, Stornoway Wexham Park Hospital, Slough Whiston Hospital, Prescot Whittington Hospital, London William Harvey Hospital, Ashford Wishaw General Hospital, Wishaw Worthing Hospital, Worthing Wrexham Maelor Hospital, Wrexham York Hospital, York Ysbyty Gwynedd District General Hospital, Bangor Ayrshire Maternity Unit, Kilmarnock Broomfield Hospital, Chelmsford Croydon University Hospital, Thornton Heath Cumberland Infirmary, Carlisle East Surrey Hospital, Redhill Good Hope Hospital, Sutton Coldfield Kingston Hospital, Kingston upon Thames Lancashire Women and Newborn Centre, Burnley Luton & Dunstable Hospital, Luton Manor Hospital, Walsal Nevill Hall Hospital, Abergavenny Newham General Hospital, London Nottingham City Hospital, Nottingham Peterborough City Hospital, Peterborough Princess Elizabeth Hospital, St Martins Queen Elizabeth Hospital, London St Mary's Hospital, Newport Stepping Hill Hospital, Stockport The Jessop Wing, Sheffield Ulster Hospital, Belfast University College Hospital, London University Hospital of North Durham, Durham West Suffolk Hospital, Bury St Edmunds Whipps Cross University Trust Hospital, London Wythenshawe Hospital, Manchester Birmingham Heartlands Hospital, Birmingham Colchester General Hospital, Colchester King's College Hospital, London Liverpool Women's Hospital, Liverpool Nottingham University Hospitals NHS Trust, Nottingham Royal United Hospital, Bath St Helier Hospital, Carshalton Yeovil Women's Hospital, Yeovil Royal London Hospital, London Royal Shrewsbury Hospital, Shrewsbury

Returned all three cards. Returned two cards. Returned one card. No Cards Returned.

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# New UKOSS study – Vasa Praevia

**Background:** Vasa praevia (VP) describes fetal vessels coursing through the fetal membranes (amnion and chorion) over the internal cervical os and below the fetal presenting part, unprotected by placental tissue or the umbilical cord. Vasa praevia carries no major maternal risk, but is associated with significant risk to the fetus. When the fetal membranes rupture, the unprotected fetal vessels are at risk of disruption with consequent fetal haemorrhage. Currently routine screening for vasa praevia is not advised by the RCOG<sup>1</sup> and is not supported by the National Screening Committee (NSC, published December 2013, http://www.screening.nhs.uk/vasapraevia). This is because there is insufficient information on the natural history of the condition and uncertainty about the best test to diagnose vasa praevia. Additionally there is no agreed management pathway for women with confirmed vasa praevia and for women with some risk factors in the absence of vasa praevia.

This UKOSS study aims to determine

- The incidence of diagnosed/symptomatic vasa praevia in the UK
- The risk factors for vasa praevia
- How pregnancy is managed following the diagnosis of vasa praevia
- The maternal and neonatal outcomes of pregnancies complicated by vasa praevia

Surveillance period: 1st December 2014 - 30th November 2015

Case Definition: A case should meet at least one of the criteria below:

- Suspected VP on antenatal US >18 weeks gestation, and confirmed VP on antenatal US >31 weeks gestation (if not delivered prior to 31 weeks)
- 2. Palpation or visualisation of the fetal vessels during labour
- 3. Rupture of membranes with bleeding associated with fetal death/ exsanguination or severe neonatal anaemia
- 4. Antenatal or intrapartum bleeding of fetal origin with pathologic CTG and/or positive Apt test
- 5. VP documented in medical records as reason for admission and caesarean section

#### AND

At least one of the following:

- Clinical examination of the placenta confirming intact or ruptured velamentous vessels. These may be a velamentous insertion of the umbilical cord or exposed fetal vessels between placental lobes
- Confirmation of VP on pathological examination of the placenta
- Torn umbilical cord or placenta (not able to provide placental examination)

**Lead Investigator:** Mr George Attilakos, University College London Hospitals.

**Reference:** 1. RCOG Green-Top Guildeline No. 27. Placenta praevia, placenta accreta and vasa praevia: diagnosis and management. Third Edition, January 2011.

### Anaphylaxis in Pregnancy

This study was due to end in September 2014 but we are pleased to announce that a one year extension has been approved by the UKOSS Steering Committee and the study is now due to finish September 2015. Therefore, please continue to report cases of Anaphylaxis via the monthly report cards.



Chocolate Box

Chocolates this month go to Zoe Jones from Royal Berkshire Hospital, Reading for good form completion and Cathy Urey from North Manchester General Hospital for prompt return of report cards.

Many thanks to you both!!



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#### Case report summary for current studies up until the end of September 2014

Disorder	Actual number of reported cases	Data collection forms returned (%)	Number of confirmed cases (%)	Expected number of confirmed cases
Adrenal Tumours	32	29 (91)	11 (38)	69
Advanced Maternal Age* (study ended 30/06/14)	330	276 (84)	197 (71)	300
Amniotic Fluid Embolism*	197	190 (96)	131 (69)	116
Anaphylaxis*	36	34 (94)	24 (71)	60
Artificial Heart Valves	62	52 (84)	41 (79)	108
Aspiration in Pregnancy*	4	4 (100)	3 (75)	16
Cardiac Arrest in Pregnancy (study ended 30/06/14)	172	148 (86)	70 (47)	81
Epidural Haematoma or Abscess	8	4 (50)	4 (100)	1
Gastric Bypass in Pregnancy	66	28 (38)	19 (79)	18
Primary ITP	132	113 (86)	81 (72)	122

**Funding:** \* This study represents independent research funded by the National Institute for Health Research (NIHR) under its Programme Grants for Applied Research Programme (Programme Grant RP-PG-0608-10038)

# Meet a UKOSS Reporter

Sarah Vause has recently been appointed as Fetal Medicine Specialist representative on the UKOSS Steering Committee. Melanie Workman, UKOSS/UKNeS Programme Manager, interviews Sarah who is due to begin her new role in January 2015.

*MW: Where do you currently work and what is your job title?* SV: I work at St Mary's Hospital in Manchester and I'm a Consultant Obstetrician and Subspecialist in Fetal and Maternal Medicine. In addition to my general antenatal clinic and labour ward sessions, I do two fetal medicine sessions each week and run a joint obstetric / cardiac clinic for women with heart disease in pregnancy.

*MW: Can you give me a brief summary of your career so far? SV: I went to medical school in Manchester and worked there for my first year after qualifying. I then started doing obstetrics and gynaecology and did most of my postgraduate* 

training in Yorkshire before moving back to Manchester to do subspecialty training and take up a consultant post. I've been a consultant since 2001.

## *MW: Why did you apply to become a member of the UKOSS Steering Committee?*

SV: As a subspecialist in Fetal and Maternal Medicine you see lots of patients with rare conditions, and it's often really difficult to give them any idea of what the likely outcome of their pregnancy will be. I've always felt that UKOSS studies are a really good way to get information about rare conditions that will help obstetricians look after women better. I was therefore really keen to be involved in the Steering Committee. I hope to be able to bring plenty of enthusiasm, and an awareness of where the gaps in our knowledge are, to the table.

#### MW: Have you had any involvement with UKOSS in the past?

SV: One of my main interests is in cardiac disease in pregnancy, and I'm the lead investigator for the UKOSS Prosthetic Heart Valves in Pregnancy study. This means that I've already worked with some of the team already. I'm also one of the nominated UKOSS reporters for my own hospital. I hope that the experience I've had, as an investigator, as a reporter, and as someone who fills in the forms will help me to contribute effectively to the Steering Group.

## *MW: What do you hope to gain from being a member of the UKOSS Steering Committee?*

SV: I'm sure that I'll learn a lot about rare conditions in pregnancy, which will help me provide better care for pregnant women. I also think I'll get a sense of satisfaction when I see papers relating to UKOSS studies published. I'll feel that I've been able to contribute to that, and will feel proud of the work UKOSS is doing.

# *MW: What do you think you will enjoy most about the UKOSS Steering Committee and do you foresee any challenges?*

SV: I think that there will be some really interesting discussions about new proposals and studies, with lots of different views being expressed and I'm looking forward to meeting the other people on the Steering Committee. I anticipate one of the challenges for the Steering Committee is always deciding which studies should be accepted and which studies can't be taken on. I think it might be difficult when committee members have different views, but I suppose that's precisely the reason there is a Committee, so that things can be discussed openly, and a consensus reached.

*MW: Lastly, what are your interests/hobbies outside of your working life?* 

SV: Visiting places, particularly ones that are a bit off the beaten track. When I'm at home then cooking, eating and gardening – (boring but honest!). Although I enjoy skiing

and windsurfing I tend to only do this during holidays and my enthusiasm outstrips my ability by far!





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