





## NEWSLETTER 36 - April 2014

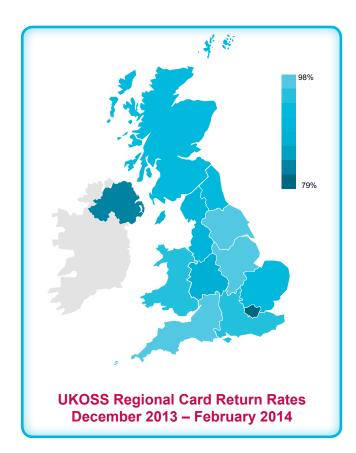
# Risk Factors, Management and Outcomes of HELLP and ELLP Syndrome

The results of the UKOSS HELLP Syndrome study have just been published. 129 women were identified who were diagnosed with HELLP syndrome and 81 women with ELLP syndrome, together with 476 controls.

#### **Key points:**

- Women with HELLP were more likely to be older, (aOR 1.9, 95%Cl 1.1-3.1), nulliparous (aOR=4.2, 95%Cl 2.5-7.0), have had a previous gestational hypertensive disorder (aOR=3.5, 95%Cl 1.5-8.1), and have a multiple pregnancy (aOR=4.5, 95%Cl 1.5-14.1) than control women.
- 138 women (66%) were diagnosed antenatally with HELLP/ELLP; 51% had planned management of immediate delivery and 43% had delivery planned within 48 hours. Only seven women (5%) had planned expectant (conservative) management.
- Women with HELLP syndrome were more likely than women with ELLP syndrome to have a blood transfusion (46% vs 21%, p<0.001) and to have additional severe morbidity (13% vs 1%, p=0.003).
- There were no significant differences in outcomes (blood transfusion, intensive care unit admission, additional severe maternal morbidity or major infant complications) between women with planned immediate delivery and those with planned delivery within 48 hours.
- This suggests that a short delay in delivery, of up to 48 hours, may be considered when monitoring is reassuring and there are good clinical reasons for a delay, such as to allow administration of corticosteroids for fetal lung maturation.

**Reference:** Fitzpatrick KE, Hinshaw K, Kurinczuk JJ, Knight M. Risk Factors, Management, and Outcomes of Hemolysis, Elevated Liver Enzymes, and Low Platelets Syndrome and Elevated Liver Enzymes, Low Platelets Syndrome. Obstet Gynecol. 2014;123(3):618-627







BPSU GBS study

Healthtalkonline website update



## Thanks to the following hospitals who have returned cards for the last three months (November 2013, December 2013 and January 2014):

Antrim Hospital, Antrim Barnet and Chase Farm Hospitals NHS Trust, **Enfield** Barnsley Hospital NHS Foundation Trust, Barnsley Basildon Hospital, Canvey Island Bassetlaw District General Hospital, Worksop Bedford Hospital, Bedford Birmingham City Hospital, Birmingham Birmingham Women's Hospital, Birmingham Borders General Hospital, Borders Bradford Royal Infirmary, Bradford Bronglais Hospital, Aberystwyth Broomfield Hospital, Chelmsford Caithness General Hospital, Wick Calderdale Royal Hospital, Halifax Causeway Hospital, Coleraine Chelsea & Westminster Hospital, London Chesterfield & North Derbyshire Royal Hospital, Chesterfield

Aberdeen Maternity Hospital, Aberdeen

Altnagelvin Area Hospital, Londonderry

Airedale General Hospital, Keighley

Countess of Chester Hospital, Chester Croydon University Hospital, Thornton Heath Daisy Hill Hospital, Newry Darlington Memorial Hospital, Darlington Derby Hospitals NHS Foundation Trust, Derby Derriford Hospital, Plymouth Dewsbury and District Hospital, Dewsbury Diana Princess of Wales Hospital, Grimsby Doncaster Royal Infirmary, Doncaster Dorset County Hospital, Dorchester Dr Gray's Hospital, Elgin Dumfries & Galloway Royal Infirmary, Dumfries Ealing Hospital NHS Trust, London East Surrey Hospital, Redhill Epsom General Hospital, Epsom Forth Valley Royal Hospital, Larbert Friarage Hospital, Northallerton Frimley Park Hospital, Camberley George Eliot Hospital, Nuneaton Glan Clwyd District General Hospital,

Bodelwyddan
Gloucestershire Royal Hospital, Gloucester
Good Hope Hospital, Sutton Coldfield
Guy's and St Thomas' Hospital, London
Harrogate District Hospital, Harrogate
Hereford County Hospital, Hereford
Hinchingbrooke Hospital NHS Trust, Huntingdon
Horton Maternity Hospital, Banbury
Hull Royal Infirmary, Hull
Ipswich Hospital, Ipswich
James Cook University Hospital, Middlesbrough
James Paget University Hospitals Trust, Great
Yarmouth
Jersey General Hospital, St Helier

Jersey General Hospital, St Heller
John Radcliffe Hospital, Oxford
Kettering General Hospital, Kettering
King's College Hospital, London
King's Mill Hospital, Sutton in Ashfield
Lancashire Women and Newborn Centre, Burnley
Leicester Royal Infirmary, Leicester
Lincoln County Hospital, Lincoln
Lister Hospital, Stevenage
Liverpool Women's Hospital, Liverpool
Luton & Dunstable Hospital, Luton
Macclesfield District General Hospital,
Macclesfield
Manor Hospital, Walsall

Manor Hospital, Walsall
Medway Maritime Hospital, Gillingham
Milton Keynes Hospital NHS Foundation Trust,
Milton Keynes
New Cross Hospital, Wolverhampton
Newham General Hospital, London
Ninewells Hospital & Medical School, Dundee

Nobles Hospital, Douglas
Norfolk & Norwich University Hospital, Norwich
North Devon District Hospital, Barnstaple
North Manchester General Hospital, Manchester
Northampton General Hospital, Northampton
Northwick Park Hospital, Harrow
Nottingham City Hospital, Nottingham
Nottingham University Hospitals NHS Trust,
Nottingham
Peterborough City Hospital, Peterborough
Pilgrim Hospital, Boston
Pinderfields General Hospital, Wakefield

Pilgrim Hospital, Boston
Pinderfields General Hospital, Wakefield
Poole Hospital, Poole
Prince Charles Hospital, Methyr Tydfil
Princess Alexandra Hospital, Harlow
Princess Elizabeth Hospital, St Martins
Princess Royal Hospital, Haywards Heath
Princess Royal Maternity Hospital, Glasgow
Princess Royal University Hospital, Orpington
Queen Alexandra Hospital, Portsmouth
Queen Elizabeth Hospital, Gateshead
Queen Elizabeth Hospital, Kings Lynn
Queen Elizabeth Hospital, London
Queen Elizabeth the Queen Mother Hospital,
Margate
Queen's Hospital, Burton upon Trent

Raigmore Hospital, Inverness Rosie Maternity Hospital, Cambridge Rotherham District General Hospital, Rotherham Royal Albert Edward Infirmary, Wigan Royal Berkshire Hospital, Reading Royal Cornwall Hospital, Truro Royal Devon & Exeter Hospital, Exeter Royal Glamorgan Hospital, Llantrisant Royal Gwent Hospital, Newport Royal Lancaster Infirmary, Lancaster Royal Oldham Hospital, Oldham Royal Preston Hospital, Preston Royal Surrey County Hospital, Guildford Royal Sussex County Hospital, Brighton Royal United Hospital, Bath Royal Victoria Infirmary, Newcastle-upon-Tyne Russells Hall Hospital, Dudley Scarborough Hospital, Scarborough Scunthorpe General Hospital, Scunthorpe Singleton Hospital, Swansea South Tyneside NHS Foundation Trust, South Shields South West Acute Hospital, Enniskillen Southend University Hospital NHS FT,

Westcliff-on-Sea Southern General Hospital, Glasgow Southmead Hospital, Bristol Southport & Ormskirk Hospital NHS Trust, Ormskirk

St George's Hospital, London
St John's Hospital, Livingston
St Mary's Hospital, London
St Mary's Hospital, London
St Mary's Hospital, Manchester
St Michael's Hospital, Bristol
St Peter's Hospital, Chertsey
St Richard's Hospital, Chichester
Staffordshire General Hospital, Stafford
Stepping Hill Hospital, Stockport
Stoke Mandeville Hospital, Aylesbury
Tameside General Hospital, Ashton-under-Lyne
Taunton and Somerset Hospital, Taunton
The Great Western Hospitals NHS Foundation
Trust, Swindon

The Jessop Wing, Sheffield
The Tunbridge Wells Hospital, Tunbridge Wells
Torbay Hospital, Torquay
Ulster Hospital, Belfast
University College Hospital, London
University Hospital Lewisham, London

University Hospital of North Tees, Stockton-on-Tees University Hospital of Wales, Cardiff Victoria Hospital, Blackpool Victoria Hospital, Kirkcaldy Wansbeck General Hospital, Ashington Warrington and Malton Hospitals NHS FT, Warrington

Warwick Hospital, Warwick
Watford General Hospital, Watford
West Cumberland Hospital, Whitehaven
West Middlesex University Hospital, Isleworth
West Wales General Hospital, Carmarthen
Western Isles Hospital, Stornoway
Wexham Park Hospital, Slough
Whiston Hospital, Prescot
Whittington Hospital, London
William Harvey Hospital, Ashford
Wishaw General Hospital, Wishaw
Withybush Hospital, Haverfordwest
Worthing Hospital, Worthing
Wrexham Maelor Hospital, Wrexham
Wythenshawe Hospital, Manchester
York Hospital, York

Ysbyty Gwynedd District General Hospital, Bangor Alexandra Hospital, Redditch Arrowe Park Hospital, Wirral

Ayrshire Maternity Unit, Kilmarnock Birmingham Heartlands Hospital, Birmingham City Hospitals Sunderland NHS Trust, Sunderland Colchester General Hospital, Colchester

Colchester General Hospital, Colchester Conquest Hospital, St Leonards-on-Sea Cumberland Infirmary, Carlisle Darent Valley Hospital, Dartford

Furness General Hospital, Barrow-in-Furness Kingston Hospital, Kingston upon Thames Leeds General Infirmary, Leeds

Leicester General Hospital, Leicester Nevill Hall Hospital, Abergavenny North Hampshire Hospital, Basingstoke Princess Anne Hospital, Southampton

Princess Anne Hospital, Southampton
Princess of Wales Hospital, Bridgend
Queen Charlotte's and Chelsea Hospital, London

Queen Charlotte's and Chelsea Hospital, Londo Queen's Hospital, Romford

Royal Free Hospital, London Royal Hampshire County Hospital, Winchester Royal Jubilee Maternity Service, Belfast

Royal Shrewsbury Hospital, Shrewsbury Salisbury District Hospital, Salisbury Simpson Centre for Reproductive Health, Edinburgh

Edinburgh St Helier Hospital, Carshalton St James's University Hospital, Leeds St Mary's Hospital, Newport

The Portland Hospital, London

University Hospital of Coventry & Warwickshire, Coventry

University Hospital of North Durham, Durham University Hospital of North Staffordshire, Stoke on Trent

West Suffolk Hospital, Bury St Edmunds Worcestershire Royal Hospital, Worcester

Yeovil Women's Hospital, Yeovil Barnet General Hospital, Barnet Homerton University Hospital, London Leighton Hospital, Crewe

North Middlesex University Hospital, London Royal Alexandra Hospital, Paisley

Royal Bolton Hospital, Bolton
The Hillingdon Hospitals NHS Founda

The Hillingdon Hospitals NHS Foundation Trust, Uxbridge
Whinne Cross University Trust Hospital London

Whipps Cross University Trust Hospital, London Craigavon Area Hospital, Portadown Royal London Hospital, London

Returned all three cards. Returned two cards. Returned one card. No Cards Returned.



# News about other studies using systems similar to UKOSS

### Exomphalos – new BAPS-CASS study

BAPS-CASS (British Association of Paediatric Surgeons Congenital Anomalies Surveillance System) is due to begin a study of Exomphalos which is running March 2014 – February 2015. The study aims to describe the current postnatal management and outcomes of infants with exomphalos born in the UK and Ireland. All paediatric surgical centres in the UK and Ireland will be participating and a number of parent support groups have been informed that this study is taking place; therefore, we want to ensure that all UKOSS reporters are aware in case they are approached by parents. **Please note that UKOSS reporters are not expected to report cases**, this will be done through the paediatric surgeons via BAPS-CASS.

If you have any queries about the study, please email the BAPS-CASS team (led by Marian Knight) on baps-cass@npeu.ox.ac.uk.

## Group B Streptococcus (GBS) study - BPSU

In April 2014, the British Paediatric Surveillance Unit (BPSU) is launching a new thirteen month surveillance study to capture the incidence of invasive group B streptococcal disease in infants less than 90 days of age in the UK and Ireland. The BPSU have sought the assistance of UKOSS as detailed below, although we anticipate the impact on UKOSS reporters to be minimal.

Cases will be identified through the BPSU and through collaborations with microbiologists and public health specialists in each country. However, in some cases, the maternal and birth details will not be readily available to paediatricians; it is therefore hoped that if approached by the paediatrician reporting a case, the UKOSS reporter will assist in obtaining the necessary information which the paediatrician will then use to complete the study proforma. Please note that UKOSS reporters will not be required to report cases or complete data collection forms.

The study will be led by Professor Paul Heath at St. George's Hospital, University of London in collaboration with Public Health England. If you have any questions regarding the study, please contact Dr Catherine O'Sullivan, Paediatric Infectious Diseases Research Group, St. George's Hospital at cosulliv@sgul.ac.uk.

## Healthtalkonline - new scrapbook feature!

Healthtalkonline, which features the UKNeS module on life-threatening conditions in pregnancy, has now launched a "scrapbook" feature. This feature is available for anyone to use and allows you to save in one place collections of pages or video clips that interest you from across the whole website. Scrapbooks can be shared with colleagues, friends and family and can importantly be used to generate teaching materials. To find out more about this feature, please visit

http://healthtalkonline.org/content/introducing-scrapbooks#ixzz2vqOyK18d







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### Case report summary for current studies up until the end of February 2014

Disorder	Actual number of reported cases	Data collection forms returned (%)	Number of confirmed cases (%)	Expected number of confirmed cases
Adrenal Tumours	28	25 (89)	9 (36)	60
Advanced Maternal Age*	184	113 (61)	93 (82)	212
Amniotic Fluid Embolism*	186	179 (96)	126 (70)	109
Anaphylaxis*	31	24 (77)	13 (54)	42
Artificial Heart Valves	38	31 (82)	20 (65)	70
Aspiration in Pregnancy*	2	2 (100)	1 (50)	3
Cardiac Arrest in Pregnancy (CAPS)	146	122 (84)	57 (47)	72
Epidural Haematoma or Abscess	2	0 (0)	0 (0)	0
Primary ITP	80	56 (70)	37 (66)	68
Stage 5 Chronic Kidney Disease	41	33 (80)	33 (100)	82

**Funding:** \* This study represents independent research funded by the National Institute for Health Research (NIHR) under its Programme Grants for Applied Research Programme (Programme Grant RP-PG-0608-10038)

#### **Anaphylaxis study – Important update!**

From 1st April please use the following case definition:

Anaphylaxis is defined as a severe, life-threatening generalised or systemic hypersensitivity reaction. We anticipate the following three criteria must be met for a diagnosis of anaphylaxis to be made:

- 1. A life-threatening airway problem and/or breathing problem and/or circulatory problem
- 2. Skin and/or mucosal changes
- 3. Sudden onset and rapid progression of symptoms However, skin and/or mucosal features in particular may not be evident if treatment is rapidly implemented, so please report all women in whom the final clinical diagnosis is anaphylaxis, irrespective of the presence or absence of skin/mucosal changes.

Women should **not** be reported if a diagnosis of anaphylaxis has been excluded by their senior attending obstetrician.

Please ensure you use the above case definition for all cases reported on the April cards onwards.

Thank you!

## Gastric Bypass in pregnancy – new study coming soon!

More information about this study will be available on our website - please visit ww.npeu.ox.ac.uk/ukoss

#### **Advanced Maternal Age study**

This is a reminder for all UKOSS reporters to check hospital records for any additional cases of Advanced Maternal Age. We continue to have a lower incidence rate than expected so are therefore asking all hospitals to ensure that every case has been identified. We plan to crosscheck our case numbers with birth registration data from the Office for National Statistics, National Records of Scotland and Northern Ireland Statistics and Research Agency where possible. However, we would be very grateful if all reporters could check their hospital records as our cross checking could lead to a delay in the study. Please contact <a href="mailto:ukoss@npeu.ox.ac.uk">ukoss@npeu.ox.ac.uk</a> if you have any queries or wish to report additional cases.





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