

# Newsletter



Issue 6 November 2022

# SurfON Recruitment Progress since 04 July 2022

The brief pandemic pause in SurfON recruitment has proven to be hugely beneficial for our sites. We now have 33 NHS sites recruiting and hope to increase this to over 45 sites including SCUs alongside NICUs and LNUs. We have ~6 new sites in the site set up phase and look forward to the opportunity to welcome our new collaborators on board soon.

We would like to thank our Sponsor, University of Leicester and the Trial Steering Committee (TSC), Data Monitoring Committee (DMC) and funder (NIHR HTA) for their time and support during the pause period and helping us with our restart plans.

#### NIHR Research Recovery & Reset Programme

In October the NIHR HTA evaluated SurfON's performance in the first 3 months since re-starting. We are incredibly grateful for the huge efforts made by our NHS sites to recruit locally at their units and build momentum on SurfON. We are very pleased to share that we met our post-opening target of an average of 1 infant per site per month. The NIHR HTA was very positive about SurfON's performance since re-opening, and will be reviewing us again in January 2023 in order to determine the steady state of recruitment on the trial and review plans for the future and the continuation of the trial. We will update you with more information on trial timelines early in 2023.

With a funder review due again in January, the next few months are very important for the trial. Please continue recruiting to a target of at least 1-2 babies per month per site (more if possible). Every baby counts!

#### Reasons to be Cheerful

We would like to share some cheerful news with you in a summary:

- 10 new sites who have joined since July 2022 have now randomised babies on SurfON
- Our top 3 recruiting sites are North Bristol NHS Trust, Bedfordshire Hospitals NHS Foundation Trust and University Hospitals of Leicester NHS Trust



- Very first triplets on the trial were randomised by Dr Santosh Pattnayak, Ms Helen Harizaj and team at Medway NHS Foundation Trust
- We have now crossed 300 babies on SurfON and are looking forward to the 400 milestone!
- Kerri Dempster has joined the SurfON team as trial administrator
- Wider research engagement achieved through the NIHR Associate Principal Investigator (API) scheme and SurfON Champion scheme

#### Primary Outcome & Data Integrity

Please continue to complete the Respiratory support log for all babies after randomisation and this is continued for a full 24-hour period after they begin to breathe in air. Once the 24-hour period is complete and there are no changes to breathing in air, you can stop completion of the log. However, please restart the log if any other respiratory support subsequently becomes necessary. In order to be pragmatic, any trained member (need not be delegated to work on SurfON) can help complete the log. Each 24-hour period entry is then checked by a trained and delegated staff member and signed off. We request the first 10 respiratory support logs to be returned from all sites for source data verification.

# **Other Key Updates**

SurfON Drop-in Sessions - In order to keep up routine communications and offer support to our sites, we will be holding monthly drop-in sessions via MS Teams. We conducted the last drop-in on 02 Nov 2022 and this was well attended by sites. We will continue to schedule this around the first week of every month. We would welcome specific feedback on how training and support is currently available for our sites so we can continually improve on delivering a better trial.

EDGE numbers – In line with Protocol, our recruitment targets pertain to babies' participation only ie, 1 baby per month per site in order to reach the overall recruitment target of 1,522 babies. In line with CRN guidance, we had previously advised that mother's participation will be counted as a second accrual. This has now changed, and reporting mothers' accrual on EDGE no longer directly results in accrual payments for the site. Moving forward, to avoid confusion, we advise you to only report baby accrual on EDGE. Please speak to your R&D department and local CRN for further information on how accrual funding is allocated for your trust. Please note that the per participant payment received for SurfON team relates only to each baby randomised.

### **Our Training Resources**

We routinely update our website with news, podcasts and documentation. You can find our latest training materials here - www.npeu.ox.ac.uk/surfon/clinicians/training-materials. We have a podcast on how to approach parents early with trial information and an educational podcast regarding current evidence and practices in these group of babies for use during training events or meetings. We are also on twitter @surfontrial if you would like to tweet about your involvement on SurfON trial. We would love to see your updates and news!

# **SurfON Delegation & Training Log**

Please continue to keep *SurfON Site Delegation Log V4.0\_21 Jun 2022* up-to-date and ensure all team members are signed off by PI on this correct version submit updated delegation log along with training log to SurfON inbox routinely to reduce trial deviation and procedural errors.



Thank you for all your hard work and your ongoing support of the SurfON trial.

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